Чемпионат и первенства ЦФО РФ среди юниоров и юниорок U 23, юниоров и юниорок U 20, юношей и девушек U 18, юношей и девушек U 16 по легкой атлетике

***(Предварительное расписание от 05.05.2023г.)***

01.06. - 03.06.2023год г. Брянск, стадион «Десна»

# 1-й день, 01 июня 2023г. УТРЕННЯЯ СЕССИЯ

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| |  |  |  |  | | --- | --- | --- | --- | | **Время** | **Вид** | **Круг** | **Пол** | | 9:00 | 100м |  | 10-борье | | 9:20 | 100с/б | Забеги | **Ж16, Ж18, Ж20, Ж23, Ж** | | 10:00 | 100м | Забеги | **Ж16, Ж18, Ж20, Ж23, Ж** | | 11:15 | 100м | Забеги | М16, М18, М20, М23, М | | **12:25** | **400м** | **Фин.**  **забеги** | **Ж16, Ж18, Ж20, Ж23, Ж** | | **13:30** | **400м** | **Фин.**  **забеги** | М16, М18, М20, М23, М |  |  |  |  | | --- | --- | --- | | **Время** | **Вид** | **Пол** | | 9:40 | Прыжок в длину | 10-борье | | **10:00** | **Толкание ядра** | **Ж16** | | **10:30** | **Метание молота** | **М16, М18** | | **10:40** | **Прыжок в высоту** | **Ж16** | | **10:50** | **Прыжок в длину** | **М16** | | 11:40 | Толкание ядра | 10-борье | | **12:30** | **Метание молота** | **М, М23, М20** | | **12:40** | **Прыжок в высоту** | **Ж18** | | **12:50** | **Прыжок в длину** | **М18** | | **13:00** | **Толкание ядра** | **Ж18** | |  |

Чемпионат и первенства ЦФО РФ среди юниоров и юниорок U 23, юниоров и юниорок U 20, юношей и девушек U 18, юношей и девушек U 16 по легкой атлетике

***(Предварительное расписание от 05.05.2023г.)***

# 01.06. - 03.06.2023год г. Брянск, стадион «Десна»

# 1-й день, 01 июня 2023г. ВЕЧЕРНЯЯ СЕССИЯ

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| |  |  |  |  | | --- | --- | --- | --- | | **Время** | **Вид** | **Круг** | **Пол** | | **15:30** | **100м с/б** | **ФИНАЛ** | **Ж16, Ж18, Ж20, Ж23, Ж** | | **16:10** | **100м** | **ФИНАЛ** | **Ж16, Ж18, Ж20, Ж23, Ж** | | **16:40** | **100м** | **ФИНАЛ** | **М16, М18, М20, М23, М** | | 17:15 | 400м |  | 10-борье | | **17:30** | **1500м** | **Фин.**  **Забеги** | **Ж16, Ж18, Ж20, Ж23, Ж** | | **18:15** | **1500м** | **Фин.**  **Забеги** | **М16, М18, М20, М23, М** |  |  |  |  | | --- | --- | --- | | **Время** | **Вид** | **Пол** | | **14:30** | **Толкание ядра** | **Ж20, Ж23, Ж** | | 15:10 | Прыжок в высоту | 10-борье | | **15:15** | **Метание молота** | **Ж16** | | **15:20** | **Прыжок в длину** | **М20** | | **15:25** | **Прыжок с шестом** | **Ж16, Ж18, Ж20, Ж23, Ж** | | **16:00** | **Толкание ядра** | **М16** | | **16:45** | **Метание молота** | **Ж18** | | **17:15** | **Прыжок в длину** | **М23, М** | | **17:20** | **Прыжок в высоту** | **Ж20, Ж23, Ж** | | **17:30** | **Толкание ядра** | **М18** | | **18:30** | **Метание молота** | **Ж20, Ж23, Ж** | | **18:50** | **Толкание ядра** | **М20, М23, М** | |  |

Чемпионат и первенства ЦФО РФ среди юниоров и юниорок U 23, юниоров и юниорок U 20, юношей и девушек U 18, юношей и девушек U 16 по легкой атлетике

***(Предварительное расписание от 05.05.2023г.)***

01.06. - 03.06.2023год г. Брянск, стадион «Десна»

# 2-й день, 02 июня 2023г.

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| |  |  |  |  | | --- | --- | --- | --- | | **Время** | **Вид** | **Круг** | **Пол** | | 09:30 | 100м с/б |  | 7-борье | | 09:50 | 110м с/б |  | 10-борье | | 10:20 | 110м с/б | Забеги | М16, М18, М20, М23, М | | 11:00 | 200м | Забеги | Ж16, Ж18, Ж20, Ж23, Ж | | 12:15 | 200м | Забеги | М16, М18, М20, М23, М | | **14:20** | **110м с/б** | **ФИНАЛ** | М16, М18, М20, М23, М | | **15:00** | **200м** | **ФИНАЛ** | Ж16, Ж18, Ж20, Ж23, Ж | | **15:35** | **200м** | **ФИНАЛ** | М16, М18, М20, М23, М | | 16:10 | 200м |  | 7-борье | | 16:30 | **800м** | **Фин. забеги** | Ж16, Ж18, Ж20, Ж23, Ж | | 17:10 | **800м** | **Фин. забеги** | М16, М18, М20, М23, М | | 17:50 | 1500м |  | 10-борье | | **18:10** | **3000м** | **Фин. забеги** | **Ж16, Ж18** | | 18:25 | **3000м** | **Фин. забеги** | М16, М18 | | 18:40 | **5000м** | **Фин. забеги** | Ж20, Ж23, Ж | | 19:00 | **5000м** | **Фин. забеги** | М20, М23, М |   Чемпионат и первенства ЦФО РФ среди юниоров и юниорок U 23, юниоров и юниорок U 20, юношей и девушек U 18, юношей и девушек U 16 по легкой атлетике  ***(Предварительное расписание от 05.05.2023г.)***    01.06. - 03.06.2023год г. Брянск, стадион «Десна» 2-й день, 02 июня 2023г.  |  |  |  | | --- | --- | --- | | **Время** | **Вид** | **Пол** | | **10:10** | **Метание диска** | **Ж16, Ж18** | | **10:15** | **Прыжок в длину** | **Ж16** | | 10:40 | Прыжок в высоту | 7-борье | | 11:30 | Метание диска | 10-борье | | **12:00** | **Прыжок в высоту** | **М16** | | **12:15** | **Прыжок в длину** | **Ж18** | | **13:20** | **Метание диска** | **Ж20, Ж23, Ж** | | 13:40 | Прыжок с шестом | 10-борье | | 14:30 | Толкание ядра | 7-борье | | **14:30** | **Прыжок в высоту** | **М18** | | **14:35** | **Прыжок в длину** | **Ж20, Ж23, Ж** | | **15:00** | **Метание диска** | **М16, М18** | | **16:00** | **Прыжок с шестом** | **М16, М18, М20, М23, М** | | **16:30** | **Прыжок в высоту** | **М20, М23, М** | | **16:35** | **Тройной прыжок** | **М16, М18** | | 16:35 | Метание копья | 10-борье | | **18:00** | **Метание диска** | **М20, М23, М** | | **18:30** | **Тройной прыжок** | **М20, М23, М** | |  |

Чемпионат и первенства ЦФО РФ среди юниоров и юниорок U 23, юниоров и юниорок U 20, юношей и девушек U 18, юношей и девушек U 16 по легкой атлетике

***(Предварительное расписание от 19.05.2023г.)***

01.06. - 03.06.2023год г. Брянск, стадион «Десна»

# 3-й день, 03 июня 2023г.

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| |  |  |  |  | | --- | --- | --- | --- | | **Время** | **Вид** | **Круг** | **Пол** | | **10:00** | **300м с/б** | **Фин. забеги** | **Ж16** | | **10:15** | **300м с/б** | **Фин. забеги** | **М16** | | **10:25** | **400м с/б** | **Фин. забеги** | **Ж18, Ж20, Ж23, Ж** | | **10:40** | **400м с/б** | **Фин. забеги** | **М18, М20, М23, М** | | **11:10** | **2000м с/п** | **Фин. забеги** | **Ж16, Ж18** | | **11:20** | **3000м с/п** | **Фин. забеги** | **Ж20, Ж23, Ж** | | **11:35** | **2000м с/п** | **Фин. забеги** | **М16** | | **11:50** | **2000м с/п** | **Фин. забеги** | **М18** | | **12:10** | **3000м с/п** | **Фин. забеги** | **М20, М23, М** | | **12:40** | **4х100м** | **ФИНАЛ** | **Ж16, Ж18, Ж20, Ж23, Ж** | | **13:00** | **4х100м** | **ФИНАЛ** | **М16, М18, М20, М23, М** | | 13:30 | 800м |  | 7-борье | | **13:40** | **4х400м** | **ФИНАЛ** | **Ж16, Ж18, Ж20, Ж23, Ж** | | **14:00** | **4х400м** | **ФИНАЛ** | **М16, М18, М20, М23, М** |  |  |  |  | | --- | --- | --- | | **Время** | **Вид** | **Пол** | | 10:00 | Прыжок в длину | 7-борье | | **10:00** | **Метание копья** | **Ж16, Ж18** | | **11:20** | **Тройной прыжок** | **Ж16, Ж18** | | 11:30 | Метание копья | 7-борье | | **12:20** | **Метание копья** | **Ж20, Ж23, Ж** | | **12:50** | **Тройной прыжок** | **Ж20, Ж23, Ж** | | **13:40** | **Метание копья** | **М16, М18** | | **14:55** | **Метание копья** | **М20, М23, М** | |  |